Self Serve Line - How to Build Your Own Lunch

Choose: 1 Entrée (a **Protein** and a **Bread**)

example: Chicken Sandwich or Pizza or Cheeseburger or another Sandwich Choice

Choose: 1 **Fruit**

either pre-portioned cup or fresh fruit (the portion size is one cup – you may take 2 - ½ cup portions of canned fruits or two fresh fruits) mix and match

Choose: 1 **Vegetable**

either a salad or a mixed veggie cup

Choose: 1 **Milk**

either chocolate, white, strawberry, vanilla, or skim

The 5 components that make up a reimbursable meal are underlined.

You must choose at least 3 components to be charged the regular meal price of $2.75.

***Also, a fruit or a vegetable must be one of the 5 components to equal a lunch.**

If you do not choose at least 3 components ala carte prices will be charged.